

CANADIAN MONTESSORI ACADEMY TODDLER AFTER SCHOOL PROGRAMS

2007/2008

SESSION DATES	START DATE	END DATE
Fall Session	17.09.07	23.11.07
Winter 1 Session	26.11.07	08.02.08
Winter 2 Session	11.02.08	18.04.08
Spring Session	21.04.08	20.06.08
Aikido- 3:45 to 4:15 Yoga- 4:15 to 4:45	MONDAYS	
Science/Cooking - 4:30 to 5:00 Adult yoga - 4:00 to 5:00	TUESDAYS	
Parent/toddler Pottery - 4 to 4:45 Adult Aikido - 4:45 to 5:30	WEDNESDAYS	
Art - 4:00 to 4:30 Parent/toddler Music - 4:45 to 5:30	THURSDAYS	
Sports - 4:00 to 4:30	FRIDAYS	

PROGRAM RATES	ALL AFTER SCHOOL PROGRAMS FOR CHILDREN REGISTERED IN EXTENDED FULL DAY	1 AFTER SCHOOL PROGRAMS FOR CHILDREN REGISTERED IN EXTENDED FULL DAY	ALL AFTER SCHOOL PROGRAMS FOR CHILDREN REGISTERED IN REGULAR FULL DAY OR HALF DAY	1 AFTER SCHOOL PROGRAM FOR CHILDREN REGISTERED IN REGULAR FULL DAY OR HALF DAY
1 SESSION (payable 2 weeks before program starts)	\$400.00	\$70.00	\$800.00	\$140.00
3 SESSIONS (Winter 1, Winter 2, Spring)	\$1200.00	\$210.00	\$2400.00	\$480.00

September						
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November						
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July						
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August						
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MONDAYS

AIKIDO / YOGA

AIKIDO IS A NON-AGGRESSIVE MARTIAL ART. ANYONE CAN BE GOOD AT AIKIDO; IT DOES NOT REQUIRE ATHLETIC TALENT. AIKIDO TEACHES CHILDREN PRACTICAL SELF-DEFENSE WHILE TEACHING CHILDREN TO BE CALM. AIKIDO GIVES CHILDREN A POSITIVE WORLD VIEW AND IT TEACHES THAT IN ORDER TO CREATE SOMETHING WORTHWHILE, YOU MUST WORK IN HARMONY WITH YOUR ENVIRONMENT AND OTHERS. AIKIDO TEACHES CHILDREN A LIGHTER APPROACH TO LIFE AND ALLOWS KIDS TO DEVELOP CALM, CLEAR MINDS.

BESIDE THE OBVIOUS BENEFITS OF EXERCISING THE PHYSICAL BODY, BOTH YOGA AND MARTIAL ARTS SHARPEN THE CHILD'S ABILITY TO FOCUS, GIVE SELF-CONFIDENCE, AND DEVELOP SELF-DISCIPLINE. YOGA, PRACTICED REGULARLY, HELPS CHILDREN BECOME AWARE OF THEMSELVES FROM THE INSIDE OUT. FROM THIS AWARENESS, CHANGES AND GROWTH IN NEW AND POSITIVE DIRECTIONS CAN BLOSSOM.

TUESDAYS

COOKING /SCIENCE

PARENTS -YOU CAN SIGN UP TOO! ADD KIDS TO THE KITCHEN, WHISK IN A VARIETY OF INGREDIENTS, TOSS IN A LITTLE FUN AND SEASON WITH IMAGINATION. SOON KIDS ARE COOKING UP A STORM WHILE LEARNING KITCHEN SAFETY, NUTRITION, AND COOKING TECHNIQUES. THE MIXING OF INGREDIENTS IS SURE TO PLEASE THE MAD SCIENTIST IN EVERY CHILD.

WEDNESDAYS

PARENT/ TODDLER POTTERY

PARENT/ TODDLER CERAMICS WILL GIVE EVERYONE A CHANCE TO GET A FEEL FOR CLAY. WE WILL WORK TOGETHER ON BASIC CONSTRUCTIONS SUCH AS PINCH POTS, SLABS, AND COILS. THIS CLASS WILL GIVE US THE OPPORTUNITY TO GET OUR HANDS MUDDY AND HAVE FUN WHILE WE DO IT!

THURSDAYS

ARTS AND CRAFTS / FINE ART

WE ALL LOVE CREATING AND THESE FUN FILLED CLASSES WILL ALLOW CHILDREN TO EXPRESS THEIR CREATIVITY WHILE WORKING ON THEME RELATED PROJECTS. WE WILL DO SEASONAL CRAFTS AND EXPLORE LOTS OF DIFFERENT MEDIUMS. AS THE CHILDREN'S ABILITIES DEVELOPE WE WILL MOVE AWAY FROM THE WORLD OF CRAFT AND FOCUSES ON RELEASING CHILDREN CREATIVITY THOUGH LEARNING DIFFERENT ART TECHNIQUES AND WORKING WITH DIFFERENT MEDIUMS.

PARENT/ TODDLER MUSIC

WE WILL EXPLORE MUSIC THROUGH SONGS, RHYTHMS AND RHYMES, AN EXTENSION OF THE IN-CLASS MUSIC PROGRAM THIS AFTER SCHOOL PROGRAM WILL GIVE CHILDREN A MORE EXTENSIVE EXPOSURE TO MUSICAL INSTRUMENTS, BASIC MUSIC THEORY AND THE HISTORY OF MUSIC. A FUN AND EXCITING WAY TO LEARN MORE ABOUT MUSIC.

FRIDAYS

SPORTS

AN EXSITING WAY TO FINISH THE WEEK WITH ALL SORTS OF DIFFERENT SPORTING ACTIVITIES, SOCCER, BADMINTON, BASEBALL AND MUCH MORE. WE WILL BE WORKING ON THE SKILLS OF THE GAMES, TECHNIQUES, DRILLS AND JUST HAVING FUN!!